

## Functional Assessment

CONTACT INFORMATION								
Child's Name:			Gender:		Date of Birth:		Age:	
Parent(s) Name(s):								
Address:								
City:			State:		Zip Code:			
Email:								
Phone#	Home:			Cell:				
School Attending:						Grade/Level:		
Teacher's Names:				School Phone#:				
Were there any complications, illnesses, or stress during pregnancy?		NO	YES. Please specify					
Were there any complications during labor or delivery?		NO	YES. Please specify					
What is your child's birth order?								
Please specify the conditions of your child's birth. (Circle all that apply.)		Vaginal	Forceps	Vacuum	C-section	Premature	Postmature	Full-term
What was your child's birth weight?								
What were your child's Apgar scores?		At 1 minute:			At 5 minute:			
Please indicate age/gender of any siblings.								
Has your child received Occupational Therapy services in the past?		NO	YES					
			At what age did your child begin therapy?					
			How long did/has your child receive(d) therapy?					
			How frequently was/is your child seen for therapy?					
Has/Does your child receive other interventions? (Circle all that apply.)		NO	Yes					
			Speech Therapy	Physical Therapy	Applied Behavior Analysis (ABA)	DIR (Floortime)	Other(s):	
			How long?	How long?	How long?	How long?	How long?	
If the child has a medical diagnosis, please specify								

Are there any contraindications that we should be aware of?							
Does your child have a history of ear infections?	NO	YES					
		How many?					
		At what ages?					
Does your child currently take any medications?	NO	YES.Please specify:				Prescribing Doctor	
Does your child have any allergies?	NO	YES.Please specify:					
Has your child experienced any major injuries or hospitalizations?	NO	YES.Please specify:					
Does your child wear glasses?	NO	YES	Prescribing Doctor				
Does your child have a history of seizures?	NO	YES.Please comment:					
Please note the approximate age when your child achieved the following skills.	Sitting	Belly crawling	Crawling	Cruising	Walking	FirstWords	Talking
	Hopping	Jumping	Skipping	Running	Riding a tricycle	Riding a bicycle	Jump rope
What are your primary concerns?	Please comment:						
What is/are the hardest time(s) of day?	Please comment:						
Any medical or psycho-social contraindications?							

**SLEEPING**

What time does your child awaken?	
What mood is your child in upon morning waking?	
What time is your child put to bed?	
What time does your child fall asleep?	
Where does your child sleep?	

Does your child have difficulty with sleeping?	NO	Yes							
		Falling asleep		Staying asleep		Frequent night waking			
		Do family members have interrupted sleep as a result?				Yes	No		
		How would you rate severity of sleeping issues?							
How many times per night does he/she wake?	Almost never	2-1		4-3		6-5		+7	
What does your child do when he/she awakens	Whimper	Screams		Plays with toys	Goes to parent bedroom	Puts self back to sleep		Other(s)	
What activities do you use to get your child back to sleep? (Circle all that apply.)	Feeding	Singing	Humming	Holding	Rocking	Bouncing	Massage	Other(s)	
How old was your child when he/she consistently slept through the night?									
Does your child seem to require too much or too little sleep or at odd times?	NO	YES							
		How many hours nightly?							
		What times of day?							
Does your child take naps?	NO	YES							
		Frequency of naps?							
		Duration of naps?							
		Locations of naps?							
		Does child need help to fall asleep for naps?							
What activities do you use as part of your child's bedtime routine? (Circle all that apply.)	Bath time	Singing/Humming	Reading	Holding	Bouncing	Massage	Rocking	Other(s)	
Please describe any necessary specifics regarding bedtime routine.	Specify:								
What happens if this routine is disrupted?	Impact on child:								
	Impact on family members:								

FEEDING								
Was your child breastfed as an infant?	No	Yes						
		For how long?						
If child was bottle fed as an infant, were there any difficulties or concerns?	No	YES. Please comment:						
Did your child have a strong suck as an infant?	No	YES. Please comment:						
Did your child frequently spit up as an infant or have reflux?	No	YES. Please comment:						
Did your child have problems with appetite or weight gain as an infant?	No	YES. Please comment:						
Did your child have respiratory problems as an infant?	No	YES. Please comment:						
Does your child refuse to eat, spit out, or gag on foods based on the following characteristics? (Circle all that apply.)	No	YES						
		Variety of food selection	Temperature	Food texture	Crunchy foods	Chewy foods	Food color	Mixed food textures
		Please comment:						
Does your child have difficulty with ingesting foods? (Circle all that apply.)	No	YES						
		Chewing Variety of food	Sucking through a straw	Swallowing variety of foods	Food falling out of mouth	Frequent choking	Food color	Managing mixed food textures
		Please comment:						
Is there a disruption in family mealtime as a result of atypical eating patterns?	No	YES. Please comment:						
Does your child exhibit oral motor sensitivities or seeking? (Circle all that apply.)	No	YES						
		Examines objects by placing in mouth	Gags/vomits frequently	Bites/chews objects/clothing frequently	Grinds teeth			
Does your child attempt to eat unusual, noxious, or inedible substances or place in mouth?	No	YES. Please comment:						

Is your child able to sit during meals?	NO	2-1 minutes	5-3 minutes	10-6 minutes	Entire meal	
	Does this impact the quantity of food ingested				YES	NO
	How does this impact harmony at mealtimes?					
	Please comment:					
What routines do you follow that are helpful for getting your child to eat meals?	Specify:					
What happens if this routine is disrupted?	Impact on child:					
	Impact on family members:					

### GROOMING

Is your child independent with all grooming activities? If not, which does he require help with?							
Does your child dislike or resist the tactile feeling of grooming activities? (Circle all that apply.)	Tooth Brushing	Bathing	Hair brushing /combing	Face washing	Haircuts	Nail Trimming	Blowing Nose
	Please comment:						
Does your child have difficulty completing grooming activities in a coordinated manner or with adequate skill? (Circle all that apply.)	Tooth Brushing	Bathing	Hair brushing /combing	Face washing	Haircuts	Nail Trimming	Blowing Nose
	Please comment:						
Does your child avoid or fear grooming devices? (Circle all that apply.)	Electric toothbrushes		Barber's clippers		Dentistry tools		Other(s):
	Please comment:						
Does your child avoid or fear the sounds associated with grooming activities? (Circle all that apply.)	Hair dryer		BathWater		Hand Dryer		Toilet flushing
What routines do you follow that are helpful for getting your child to participate in grooming activities?	Specify:						
What happens if this routine is disrupted?	Impact on child:						
	Impact on family members:						

DRESSING						
Which clothing is your child able to take off independently? ( Circle all that apply.)	Shirt	Pants	Underwear	Shoes	Socks	Coat
Which clothing is your child able to put on independently? ( Circle all that apply.)	Shirt	Pants	Underwear	Shoes	Socks	Coat
Which fasteners can your child manage independently? (Circle all that apply.)	Snaps	Zippers	Buttons (unbutton & button)	Tie shoes		
				Was it a struggle learning to tie?		
				Yes	No	
Is your child selective in the types of clothing textures he/she will wear?	No	Yes				
		What types of clothing textures are preferred?				
		What clothing textures are avoided?				
Does your child express a need for minimal clothing, regardless of weather?	No	YES. Please comment:				
Does your child express a need for clothing to cover entire body or dress in layers, regardless of weather?	No	YES. Please comment:				
Does your child frequently adjust clothing, as if uncomfortable?	No	YES. Please comment:				
Do tags in clothing or seams in socks bother your child?	No	Yes				
		What type of reaction/behavior is seen?				
What routines do you follow that are helpful for getting your child to participate with dressing?	Specify:					
What happens if this routine is disrupted?	Impact on child:					
	Impact on family members:					

TOILET TRAINING					
Is your child currently toilet trained for bladder?	No	Yes			
		At what age?			
Is your child currently toilet trained for bowel?	No	Yes			
		At what age?			
Does your child experience urinary/bowel issues? (Circle all that apply.)	Incontinence during the day	Bedwetting	Constipation	Loose stools	Lack of awareness
	How often?	How often?	How often?	How often?	How often?
Does your child wear a diaper or pull-up at night?	NO	YES			
What routines do you follow that are helpful for getting your child to participate with toileting?	Specify:				
What happens if this routine is disrupted?	Impact on child:				
	Impact on family members:				
SOCIAL FUNCTIONS/FAMILY LIVING					
Are you limited in attending family/social gatherings because of your child's behavior/reactivity to events?	No	YES.Please comment:			
Is your child unable to attend birthday parties?	No	YES.Please comment:			
Are you unable to leave your child alone with familiar, but not routine, caregivers for childcare?	No	YES.Please comment:			
Is your family unable to maintain relationships with other families?	No	YES.Please comment:			
Is your family unable to pursue hobbies and interests?	No	YES.Please comment:			
Is your child able to tolerate social touch or hugs from others?	No	YES.Please comment:			

Does your child have difficulty with different people's voices?	No	Yes					
		Loud voices	Men's voices	Women's voices	Children's voices	Screaming	Crying
What routines do you follow that are helpful for getting your child to participate in social situations?	Specify:						
What happens if this routine is disrupted?	Impact on child:						
	Impact on family members:						
<b>COMMUNITY</b>							
Is your child unable to eat out at restaurants?	No	YES.Please comment:					
Is your child uncomfortable on elevators,escalators,or in cars?	No	YES.Please comment:					
Does your child avoid, busy,unpredictable environments?	No	YES.Please comment:					
Does your child have an excessive reaction to light touch sensation?	No	Yes					
		What types of reaction/behavior is seen?					
Is your child unresponsive to being touched or bumped?	No	YES					
Does your child have an excessive reaction if bumped unexpectedly	No	YES.Please comment:					
Does your child exhibit a lack of safety awareness?	No	YES.Please comment:					
Does your child have difficulty traveling on a variety of public transportation?	No	YES.Please comment:					
Does your child have difficulty flying on airplanes?	No	YES.Please comment:					
Is your child unable to attend sleepovers?	No	YES.Please comment:					

Does your child have difficulty with loud, crowded sporting events?	No	YES.Please comment:
Does your child have difficulty sitting through public performances?	No	YES.Please comment:
Does your child have difficulty at sporting events (enclosed or open stadium)?	No	YES.Please comment:
Does your child have difficulty in the grocery store?	No	YES.Please comment:
Does your child have difficulty in shopping malls?	No	YES.Please comment:
Does your child have difficulty with long car rides?	No	YES.Please comment:
Does your child have difficulty standing in lines?	No	YES.Please comment:

**SOCIAL INTERACTION**

Does your child exhibit aggressive behavior?	No	Yes					
		Is it directed towards him/herself?			No	Yes	
		Is it directed towards others?			No	Yes	
		What types of behaviors are exhibited? (Circle all that apply.)	Biting	Pinching	Kicking	Hitting	Other(s)
Does your child exhibit tantrums?	No	Yes					
		How frequently do they occur? _____time/day OR _____time/week					
		What triggers the tantrums?					
		On average,how long does a tantrum last?					
		Describe strategies that are effective for helping calm your child during a tantrum.					
		Are tantrums a source of distress to other family members?			Yes		No

Is your child easily frustrated, anxious, or overwhelmed?	No	YES. Please comment:			
Is your child overly dependent on parent(s) or clingy?	No	Yes			
		Are separations challenging?	No	Yes	
Does your child easily escalate from whimper to intense cry?	No	YES. Please comment:			
If your child uses atypical repetitive behavior, which behaviors are demonstrated? (Circle all that apply.)	Hand flapping	Rocking	Head Banging	Jumping	Smelling
	Breath holding	Humming	Self-talk	Biting	Mouthing objects
	Visual fixing	Spinning	Teeth grinding	Other(s):	
Does your child struggle when there is excessive auditory input in his/her environment?	No	Yes			
		How does your child react?			
		How long does it take to transition, on average?			
		What transitions are difficult?	Please comment:		
		What strategies are used to help ease transitions?	Please comment:		
		Does difficulty transitioning cause distress to family members?	No	Yes	
Does your child struggle around individuals with certain voice pitches?	No	YES. Please comment:			
Does your child struggle to communicate own needs?	No	YES. Please comment:			
What is your child's primary form of communication?	Talking	Singing	Sounds/ Vocalizations	Pointing/ Gesturing	Crying/ Screaming
How often does your child make eye contact during conversation?	Less than %25 of the time	%25 of the time	%50 of the time	%75 of the time	%100 of the time
How often does your child orient to his/her name being called?	Less than %25 of the time	%25 of the time	%50 of the time	%75 of the time	%100 of the time

Does your child have difficulty separating from parent or caregiver?	No	YES.Please comment:			
Does your child appear to have an awareness of others?	No	Yes			
Does your child appear to have an awareness of self?	No	Yes			
Does your child lack fear of strangers?	No	Yes			
How does your child react in new/unfamiliar situations?	Specify:				
Does your child regularly avoid initiation of social interaction?	No	Yes			
		With whom?			
		How often?			
Does your child avoid maintaining social interaction?	No	Yes			
		With whom?			
		How often?			
Does your child experience difficulties with language expression? (Circle all that apply.)	No	Yes			
		Easily frustrated, anxious, or overwhelmed	Frequently mispronounces words (i.e.bisghetti)	Poor articulation, difficult to understand	Difficulty making choices
		Flat,monotonous voice	Hesitant speech	Tendency to stutter	Difficulty expressing emotions verbally
What routines do you follow that are helpful in getting your child to socialize?	Specify:				
What happens if this routine is disrupted?	Impact on child:				
	Impact on family members:				

PLAY SKILLS/PEER INTERACTION						
How long is your child able to play alone?	2-1 minutes	5-2 minutes	10-5 minutes	30-10 minutes	+30 minutes	
What are your child's preferred play activities?	Specify:					
How much time is spent daily in the following activities?	Passive activities (i.e. TV, computer, etc.)		Movement activities (i.e. playground, roughhouse play, etc.)		Learning/ interactive play	
Is your child destructive towards toys?	No	YES. Please comment:				
Does your child struggle to play alone (excluding TV watching)?	No	YES. Please comment:				
Does your child struggle playing with other children? (Circle all that apply.)	No	Yes				
		Parallel play/playing alongside other children	Interactive play/playing with other children	Structure group play	Making friends	Pretend play
Is your child preoccupied with seeking intense movement during play? (Circle all that apply.)	No	Yes				
		Spinning	Bouncing	Crashing	Jumping	Rocking
Does your child have a strong desire for structure or control?	No	YES. Please comment:				
Does your child struggle to play in familiar settings?	No	YES. Please comment:				
Does your child struggle to play in unfamiliar settings?	No	YES. Please comment:				
Which playground equipment will your child play on? (Circle all that apply.)	Swings	Monkey bars	Crawl tunnels	Vertical climbers	Merry-go-round	Ladders
	Slide	Climbing wall	Bridges	Teeter totter	Spring riders	Other(s):

Which playground equipment does your child avoid? (Circle all that apply.)	Swings	Monkey bars	Crawl tunnels	Vertical climbers	Merry-go-round	Ladders	
	Slide	Climbing wall	Bridges	Teeter totter	Spring riders	Other(s):	
Does your child avoid certain types of toys (i.e.textured toys) ?	No	YES.Please comment:					
Does your child exhibit poor safety awareness or engage in activities that are potentially dangerous (i.e.jumping without regard) ?	No	YES.Please comment:					
Which of the following "messy"activities does your child avoid? (Circle all that apply.)	Sand	Playing in the grass	Finger paint	Play-doh	Glue	Other(s):	
Which surfaces does your child have difficulty with? (Circle all that apply.)	Ascending stairs	Descending stairs	Grass	Gravel driveways	Woodchips	Sand	Other(s):
Does your child have poor depth perception (i.e.ducks or blinks when ball is thrown at him/her,difficulty with stairs) ?	No	Yes					
Is your child unable to pull up on the monkey bars with bent arms and legs?	No	Yes					
Is your child unable to maintain bent arms and legs while moving bar to bar on the monkey bars?	No	Yes					
Which gross motor skills does your child have difficulty with in comparison to age peers?	Hopping	Jumping	Skipping	Running	Riding a tricycle/bicycle		

**SCHOOL SKILLS**

Where does your child attend preschool or school?	Home school	Daycare	Special needs pre-school class	Regular education class	Special education class	Other(s):		
Does your child exhibit a hand preference?	No	Yes						
		Right			Left			
		Established at what age?						
Does your child frequently change his/her grasp on pencils/other tools?	No	Yes						
Which writing skills does your child struggle with/avoid? (Circle all that apply.)	Drawing/ Coloring	Tracing	Copying	Handwriting	Use of graded pressure		Stabilization of paper while drawing/ writing	Proper desk posture
					Too much	Too little		
Which fine motor skills does your child struggle with/ avoid? (Check all that apply.)	Grasping and maneuvering a scissors			Performing 2 different task at the same time (i.e.hold and turn paper while cutting,cut food using knife and fork)				
Which skills does your child struggle with? (Check all that apply.)	Finding items within a “ Hidden picture”	Phonetic learning	Telling time	Sequencing months of the year	Puzzles and construction/ manipulation of materials	Spelling	Responding promptly to verbal instruction	Writing numbers & letters correctly (without frequent reversals)
Are your child’s drawings immature for age?	No	Yes						
Does your child write up/ down hill on paper?	No	Yes						
Which of the following visual-related skills does your child struggle with? (Circle all that apply.)	Poor eye teaming	Using peripheral more than central vision	Keeping eyes too close to work	Closing/ covering one eye while doing near work	Eye strain after reading a short period of time			
	Copying from chalkboard to paper	Short attention span in reading/ copying	Turning head when reading across a page	Losing place often during reading	Needing finger or marker to keep place while reading			
	Reading comprehension	Reverses letters or words	Rereads or skips words	Doesn’t look when manipulating objects	Tracking a moving object with head movement			

Does your child have difficulty sitting still?	No	Yes	at Home	In School
		Does your child fidget while listening?		No

**MOVEMENT SKILLS**

Does your child become overly excited after movement activities?	NO	YES.Please comment:		
Does your child like to be wrapped tightly in a sheet or blanket,or seeks tight spaces?	NO	YES		
Does your child shake head vigorously or assume an upside down position frequently?	NO	YES		
Is your child able to conceive and organize a plan of action to direct play/movement?	NO	YES		
Does your child display the following movement difficulties? (Circle all that apply.)	Avoids activities where feet leave the ground	Avoids/fears activities requiring balance	Avoids age appropriate gross motor activities	
	Excessive dizziness from swinging, spinning,or riding in a car	Stamps/slaps feet on ground when walking	Loses balance/trips easily or frequently	
	Resists having head tilted backwards	Drags feet or has poor heel-toe pattern when walking	Unable to reciprocate feet on stairs	
	Fears falling when no real danger exists	Drags hand or bangs object along wall when walking	Difficulty moving from one floor surface to another	
	Fearful of being tossed in the air or turned upside down	Lethargic or inactive	Confuses left and right	
	Holds head upright when leaning or being over	Leans on objects/people for stability	Difficulty moving between rooms	
	Dislikes inversion	Sets jaw or locks major joints for stability when applying effort	Poor body scheme awareness	
	Poor sense of direction or awareness of space in relation to self	Limited rotation of pelvis and/or shoulder girdle around central core of body	Moves with quick bursts of activities rather than sustained effort	
	Dislikes being moved	Seems weaker or tires more easily than peers	Poor coordination or sense of rhythm	

**DAILY ENVIRONMENT INTERACTION**

Does your child demonstrate an irrational fear of any of the following noisy appliances? (Circle all that apply.)	Vacuum cleaner	Hair dryer	Fans	Blender	Coffee grinder	Toilet Flushing	Dehumidifier	Air vents	Other(s):
	Please comment:								
Does your child demonstrate an irrational fear of any of the following noisy sounds? (Circle all that apply.)	Jets/ Airplanes		Trucks		Thunder		Other(s):		
	Please comment:								
Is your child confused about the direction of sounds?	NO	YES.Please comment:							
Does your child hear sounds that others do not or before others notice?	NO	YES.Please specify:							
Does your child cover ears to shut out objectionable auditory input or overreact to unexpected noises?	NO	YES.Please comment:							
Does your child attend to auditory input less than a few seconds?	NO	YES.Please comment:							
Does your child appear under or over sensitive to pain?	NO	YES.Please specify:							
Does your child dislike having eyes covered or being in the dark?	NO	YES.Please comment:							
Is your child overly sensitive to lights or sunlight?	NO	YES.Please comment:							
Does your child seem to need to "fix" the environment (i.e.arrange objects, chairs,etc.) ?	NO	YES.Please comment:							
Does your child avoid environments/ objects with certain odors?	NO	YES.Please comment:							
Does your child seek environments/ objects with certain odors?	NO	Yes							

Adapted from: Listening Skills Inventory ©Vital Links, 2008  
and Sensory History Questionnaire by Kerry Wallace