

## OT Thrive Insurance Reimbursement Recommendations

If you have out of network health insurance benefits, you may submit Thrive receipts to your insurance company for reimbursement. We provide monthly receipts for insurance purposes which include an ICD-9 code (diagnosis) and CPT codes (types of treatment). Please instruct your insurance company to pay reimbursements directly to you.

Your insurance company may require a physician's written prescription for therapy (to establish proof of medical necessity). Bring the prescription to your first appointment or request that the physician mail it to our office. Please follow up with us to make sure it was received and is on file at our office prior to your first appointment. If we do not receive a prescription by your first appointment, your insurance company may deny reimbursement of your claims.

We suggest you initially request that the doctor's prescription be written for: once a week 45 minute sessions for up to 12 months. This will limit requests for updated prescriptions from your physician. We rely on you to maintain a current prescription that covers all dates of service. If the client's prescription is written for a certain period of time or for a certain number of visits, we rely on you to request an updated prescription from your physician prior to expiration in order to avoid a break in your insurance reimbursement.

Our practice provides occupational therapy using a variety of approaches. Please request that your physician write the prescription specifically for occupational therapy and that he/she include the diagnosis or reason for therapy. Our receipts will use the diagnosis shown on the prescription.

Examples of diagnosis codes (ICD-9 codes) often used:

- 315.40      Developmental Motor Delay
- 315.90      Developmental Delay Unspecified or Adaptive/Social Emotional Delay
- 299.80      Pervasive Developmental Disorder (PDD)
- 299.00      Infantile Autism
- 758.00      Down (Trisomy 21)
- 314.01      Attention Deficit Hyperactivity Disorder (ADHD)

Please discuss the appropriate diagnosis for therapy with your physician when requesting the initial prescription or referral.

Most of our therapy services are billed under the following CPT codes:

- 97530      Therapeutic Activity
- 97112      Therapeutic Procedure
- 97003      OT Evaluation
- 97004      OT Re-evaluation

**Thrive Occupational Therapy, LLC**

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